



Mentes Altus Academy

Workbook

SPORTS VOCABULARY IN ENGLISH

THE ADVENTURE

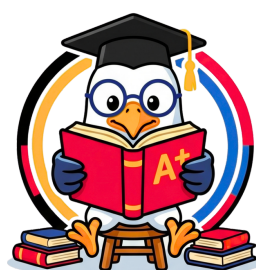


Level: A2+ | Free Kids Workbook

MENTES ALTUS: WORKBOOK



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Level: A2



Sports Vocabulary in English The Discovery

Today we are going to learn:

1. The names of popular sports.
2. Sports equipment.
3. How to use **play, go** and **do**.
4. How to talk about our favourite sport.



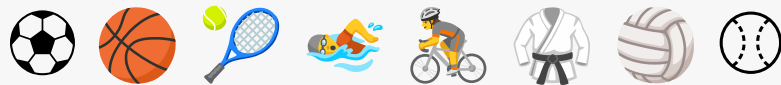
Alti says:

You do not need to remember everything today. Learn a few words, use them and come back tomorrow!

Hello, Little Explorer! 🖐️



Look at the sports below:



Activity 1 – Circle

Circle the sports you know.

Activity 2 – Think and say

Complete the sentence:

My favourite sport is _____.

Activity 3 – Sports detective

Which sport uses each object?

🏸 Racket: _____

🥽 Goggles: _____

⚾ Bat: _____

🥊 Gloves: _____

Complementary Resource

To get the most out of this lesson, use our A2 vocabulary lesson: **“Common Sport Words”**
You can find it at mentesaltus.es in the Resources section.



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Mini Activity

1. Look at the table.
2. Cover the English words.
3. Look at the emoji.
4. Say the word in English.



Do you play a sport?

- ☐ Yes, I do.
- ☐ No, I don't.
- ☐ I want to try one!

**Tiny
confidence
message**

Learning four words
well is better than
reading twenty words
once.



Key words

Sport	Spanish	Pronunciation
 Football	Fútbol	FOOT-ball
 Basketball	Baloncesto	BAS-ket-ball
 Tennis	Tenis	TEN-is
 Volleyball	Voleibol	VOL-ee-ball
 Baseball	Béisbol	BASE-ball
 Swimming	Natación	SWIM-ing
 Cycling	Ciclismo	SY-kling
 Running	Correr	RUN-ing
 Karate	Karate	ka-RAH-tee
 Gymnastics	Gimnasia	jim-NAS-tiks
 Skiing	Esquí	SKEE-ing
 Surfing	Surf	SURF-ing



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Pronunciation help

Say the stressed part a little more strongly:

- Basketball → BÁS-kit-bol

Do not pronounce every vowel as in Spanish.

- Swimming → SUÍ-ming

Join the initial s and w smoothly.

- Cycling → SÁI-king

The first syllable sounds like the English word "sigh."

Repeat with Alti:

Listen, repeat three times and then use each word in a complete sentence.



Grammar in a Tiny Box



Play, Go or Do?

We use different verbs with different sports.

PLAY

Use play with team sports, games and many ball sports.

- play football
- play basketball
- play tennis
- play baseball



Tiny mistake tip:

Don't say: **I go to swimming.**

Say: **I go swimming.**



GO

Use go with many activities ending in -ing.

- go swimming
- go cycling
- go running
- go skiing

DO

Use do with martial arts, exercise and some individual activities.

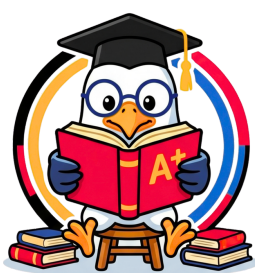
- do karate
- do gymnastics
- do yoga

EXAMPLES

- I play tennis.
- She goes swimming.
- We do karate.



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Practice Time

A. Match the Words

Match the sport to the correct verb.

- | | |
|---------------|-----------|
| 1. football | • A. play |
| 2. swimming | • B. go |
| 3. karate | • C. do |
| 4. tennis | |
| 5. cycling | |
| 6. gymnastics | |

B. Complete

Use:

play – go – do

1. I _____ basketball after school.
2. We _____ swimming in summer.
3. Mia and Leo _____ karate.
4. They _____ tennis on Saturdays.
5. My family and I _____ cycling in the park.
6. She _____ gymnastics at school.

C. Choose

- I **play / go** football.
- She **does / plays** karate.
- We **go / do** swimming.
- They **play / go** baseball.
- He **does / goes** gymnastics.

D. Sport equipment

Complete using:

racket – bat – goggles – gloves



1. You use a _____ in tennis.
2. You use a _____ in baseball.
3. You wear _____ when you swim.
4. Boxers wear _____.



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Mini Speaking



Practise with your teacher, mum, dad, or a friend.

Question 1

What's your favourite sport?

My favourite sport is _____.

Question 2

Do you play any sports?

Yes, I play _____.

or No, I don't.

Question 3

Can you swim?

Yes, I can.

or No, I can't.

Your turn

Practise:

- How often do you play?
- I play once a week.
- I play twice a week.
- I play at weekends.



My Turn

Draw yourself practising your favourite sport.

Then complete:

My favourite sport is

_____.

I play / go / do

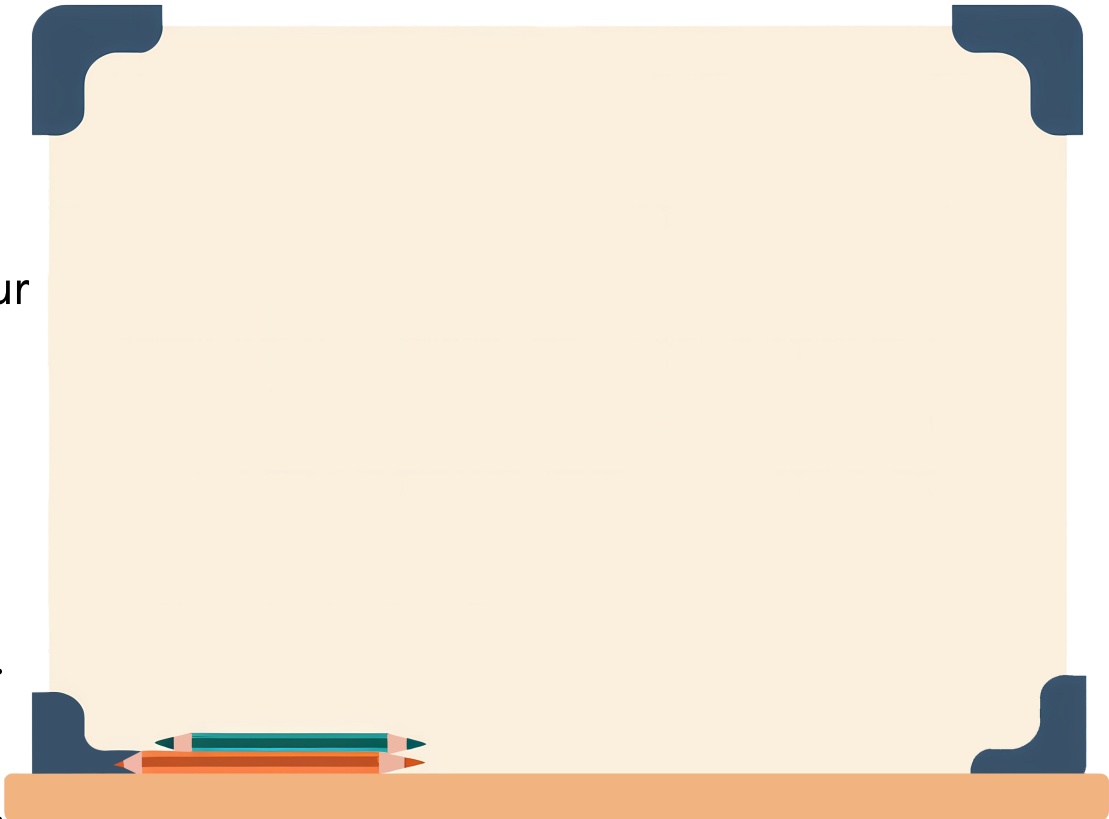
_____.

I need

_____.

I like it because it is

_____.



Word ideas:

fun – exciting – easy –
difficult – fast – relaxing



Aprender a aprender tip:

Say your directions aloud 3 times.

First slowly.

Then normally.

Then with confidence.



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Exit Ticket 



★ I Can...

Tick the sentences that are true for you.

1. I can name five sports in English.
 Yes /  A little /  I need practice
2. I can use play with football and tennis.
 Yes /  A little /  I need practice
3. I can use go with swimming and running.
 Yes /  A little /  I need practice
4. I can use do with karate and gymnastics.
 Yes /  A little /  I need practice



Answer Key

Page 2.

1. Racket – tennis
2. Goggles – swimming
3. Bat – baseball
4. Gloves – boxing

Page 5 - C. Choose

1. play
2. does
3. go
4. play
5. does

Page 5 - A. Match

1. football – play
2. swimming – go
3. karate – do
4. tennis – play
5. cycling – go
6. gymnastics – do

Page 5 - D. Sport equipment

1. racket
2. bat
3. goggles
4. gloves

Page 5 - B. Complete

1. play
2. go
3. do
4. play
5. go
6. does



You don't need perfect English to communicate.

You need useful words, clear sentences, and courage.

